

# CYNTHIA COUPE

Speech Language Pathologist

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Dynamic Speech-Language Pathologist with a solid reputation for advocacy, compassion and attention to detail. Patient and methodical therapist with thorough understanding of each step in healing process. Passionate about working with families and identifying and treating differences by focusing on individual strengths and client centered goals.

## Skills

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Client Service	
	Excellent
Verbal and written communication	
	Excellent
Relationship building	
	Very Good
Coaching and mentoring	
	Very Good
Excellent work ethic	
	Excellent

## Work History

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**2018-01 - Current**

### **Co-Owner/Operator**

*Outreach, Advocacy, Resources And Services, INC. , Fort Bragg, CA*

- Managed day-to-day business operations, including accounting, finance, HR, marketing and public relations.
- Maximized efficiency by coaching and mentoring personnel on working with individuals with special needs , industry practices, and company procedures.
- Recruited, hired and trained initial personnel, working to establish key internal functions and outline scope of positions for new organization.
- Assisted speech therapy patients in functioning adequately in home, community and school environments.
- Recorded detailed prognosis, treatment, responses and progress notes in patient charts.
- Participated in special events to promote available resources.
- Conducted precise assessments of patient condition and functional abilities.

- Collaborated with treatment team and stakeholders to optimize client care by gathering information, tools and resources.
- Updated parents and caregivers on client progress to visualize client trajectory.
- Exercised confidentiality to protect client diagnosis and treatment in compliance with HIPAA standards and regulations.
- Led activities that developed students' cognitive, emotional and social growth.

**2015-01 - 2020-12**

## **Independent Contractor SLP**

*School Districts , Fort Bragg, CA*

- Provided in person and tele-therapeutic speech/language services to various school districts in Humboldt, Mendocino and Lake Counties.
- Participated in IEP writing and implementation.
- Evaluated speech and language abilities by administering diagnostic tests.
- Assisted speech therapy clients in functioning adequately in school environments.
- Assisted teachers and administrators with updates and modifications to curriculum for specific student needs.
- Treated children between ages 2 to 22 with speech and language development problems.
- Helped teachers understand how to observe and refer students.
- Engaged parents and families in therapy process to support student progress.

**2007-07 - 2017-12**

## **Lead Speech-Language Pathologist**

*Mendocino Coast District Hospital, Fort Bragg, CA*

- Evaluated speech and language abilities by administering diagnostic tests then monitored patients' progress and adjusted treatments accordingly.
- Assisted speech therapy patients in functioning adequately in home, community and school environments.
- Recorded detailed prognosis, treatment, responses and progress notes in patient charts.
- Facilitated improvement in clients' control of breathing and swallowing mechanisms.
- Instructed clients in techniques for more effective communication such as assistive and augmentative communication (AAC) and voice improvement.
- Educated patients and family members about various topics such as communication techniques or strategies to cope with and avoid personal misunderstandings.
- Used Microsoft Word and other software tools to create documents and other communications.
- Attended training programs to deepen professional skillset and assisted in training fellow store associates on existing and new training programs.
- Accurately completed insurance and Medicaid billing and OASIS documentation for patient visits.
- Learned and maintained proficiency in first responder skills such as First Aid and CPR to offer individuals in distress optimal support.

**2012-08 - 2015-06**

## **Speech-Language Pathologist**

*Fort Bragg Unified School District, Fort Bragg, CA*

- Provided speech/language therapy & diagnostic evaluations for students in grades 3-5 and 9-12 with mild to profound communication disorders
- Participated in IEP and RTI (Response to Intervention) writing and implementation
- Member of evaluation and implementation team (ACCESS) to assess Augmentative and Assistive Communication (AAC) needs of students for MCOE.
- Made necessary referrals for ancillary services available within school system or hospital.
- Continually collaborated with parents and teachers to achieve speech therapy goals.
- Helped teachers understand how to observe and refer students.
- Monitored and recorded patient progress in response to therapy.
- Engaged parents and families in therapy process to support student progress.

**2008-05 - 2010-05**

## **Speech-Language Pathologist**

*Mendocino County Office of Education, MCOE, Ukiah, CA*

- Provided speech/language therapy & diagnostic evaluations for students in grades preschool-12 with mild to profound communication disorders
- Participated in IEP and RTI (Response to Intervention) writing and implementation S
- Supervised SLP in her Clinical Fellowship Year (CFY).
- Trained Speech Therapy Assistant on how to treat students and document progress.
- Continually collaborated with parents and teachers to achieve speech therapy goals.
- Maintained records documenting progress and switched all paper-based records to online SEIS records.

**2005-06 - 2007-06**

## **Speech-Language Pathologist**

*Dayspring, Louisville, CO*

- Provided home based speech/language therapy and parent education for ages birth-3
- Focus on apraxia, Down syndrome, autism.
- Contributed to team meetings and collaborated with management in weekly meetings.
- Participated in special events to promote available resources.
- Collaborated closely with other healthcare providers to develop comprehensive care plans.
- Assessed children's developmental progress, specializing in very young children.
- Engaged parents and families in therapy process to support student progress.

**2004-06 - 2005-06**

## **Speech-Language Pathologist, Clinical Fellow Year**

*The Denver Children's Hospital, Denver, CO*

- Provided outpatient speech/language therapy and diagnostic evaluations for ages 3-21
- Camp Cluster Leader for Talking with Technology Camp; (an AAC camp for 5-23 year olds).
- Evaluated speech and language abilities by administering diagnostic tests.
- Recorded detailed prognosis, treatment, responses and progress notes in patient charts.
- Wrote reports detailing interventions and student responses.

## Education

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**2006-01 - 2006-12**

### **Certificate for a one-year Advanced Training in Assistive Technology**

*University of Colorado, Denver Health Sciences Center*

- Coursework in Advanced Training for Assistive Technology.

**2002-08 - 2004-05**

### **Master of Arts: Communication Disorders**

*University of Colorado At Boulder - Boulder, CO*

- Graduated magna cum laude
- Awarded Outstanding Graduate Student Award
- Thesis: Applying the Lee Silverman Voice Treatment (LSVT) to the Down Syndrome Population

**2000-08 - 2002-06**

### **Bachelor of Arts: Communication Sciences And Disorders**

*San Francisco State University - San Francisco, CA*

- Graduated cum laude
- Dean's List 2002-2004
- Member of National Student Speech-Language and Hearing Association (NSSLHA), 2001
- Newsletter Coordinator, NSSLHA, 2001
- Vice President of Communications, NSSLHA. 2000
- Awarded Outstanding Student Achievement Award

**1998-08 - 2000-06**

### **Bachelor of Arts: Recreation And Leisure Studies**

*San Francisco State University - San Francisco, CA*

- Coursework in Therapeutic Recreation
- Graduated cum laude
- Dean's List 1998-2000
- Awarded Undergraduate Honors Convocation Representative Award

## Speaking Engagements

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- March 2020, National ESEA conference; Atlanta, Georgia: *For the Greater Good:*

*Collaboration as a tool to improve language and literacy*

- March 2019, Montessori del Mar; Fort Bragg, California: *Pragmatics and Speech*
- August 2018, Regional Homeschool Conference; San Jose, California: *Language and Literacy*
- May 2010, MCDH Wellness Series; Fort Bragg, California, Co-Presenter: *How Speech Therapy Can Help*
- February 2005, Colorado Metro Speech-Language Symposium, Co-presenter: *Just Talk, Functional Communication in a Group Setting Using AAC*

## Publications

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2007: *Bridging the Gap - Speech Therapy Can Relieve Cleft Lip Complications*; ADVANCE Magazine

## Certifications

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Certificate of Clinical Competence (CCC) from the American Speech-Language and Hearing Association (ASHA): 2004-current

California Speech Language Pathology License: 2007-current

California Teacher Credential for SLP: 2012-current

Accredited Telepractice Practitioner: 2015

Lee Silverman Voice Treatment (LSVT) Workshop and Certification Course: 2004

## Additional Information

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- 2004 High Incidence Bilingual (HIBL) Grant, University of Colorado, Boulder.
- 2002-2003 academic year Teacher's Assistant, Health Aspects of Aging; San Francisco State University.

## Languages

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Spanish



Good

Sign Language



Good